



## programme:

- 6 pm - Registration by Jinkee, Kristina & Rhea  
Greeters Christine, Dublin, Ervin, Amen and Sterling
  
- 7 pm - Master of Ceremony by Zarina Rosimo  
Prayers by Pastor Henry Chan  
National Anthem by Shan Celestino  
4 Way TEST by PP Matt Caparas  
Welcome Remarks, Acknowledgement  
of Visitors & Sponsors and VIPs by Pres. Bert Parungao  
(Video slides of sponsors by Jenina Solis)
  
- 7:15 - Dinner starts, Announcement of Laos Donation and END POLIO  
MIYAWAKI Forest Method by Ervin Arriescado, Club Service Project  
Raffle draw by Master of Ceremony  
Intermission: Song by Shan Celestino
  
- 7:45 - Presentation and oath-taking of all new members by Matt Caparas  
(picture taking)

Installation of the President: Christine de Castro by DGE Drew Antrobus  
Turnover of Bell & Gravel to Rotaract President by Sponsoring Pres. Bert Parungao  
Induction of Officers and Board of Directors by DGE Drew Antrobus

- 8 pm - Introduction of Guest Speaker Nancy Eidsvik, District Executive Administration by Pam Gervacio, RCVM Rotaract Committee & Rotaract Club of HOPE 604 Foundation Chair and Learning Facilitator
- 8:15 - Introduction of Guest Speaker Drew Antrobus, District Governor Elect, 2024-2025 by President Bert Parungao
- 8:30 - Master of Ceremony to give Raffle draw
  - Introduction of Christine de Castro, Charter President of RCVM Rotaract Club of HOPE 604 by Dublin Deus, Past President, RCVM Rotaract 604
  - President's Speech by Pres. Christine de Castro
- 8:40 - Distribution of pins by Committee Chair, Matt Caparas
  - Greetings from the Board of Directors of Mabuhay House
  - Closing Remarks by Pres. Christine de Castro
- 9:00 - Singing & dancing all night.

**Rotaract**  
Club of HOPE 604



**CREATE HOPE**  
in the **WORLD**

**Rotary**



Vancouver Mountainview



[www.rotaracthope604.org](http://www.rotaracthope604.org)

*"Service above self."*

## THE FOUR-WAY TEST

of the things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned ?
3. Will it build **GOODWILL & BETTER FRIENDSHIP**?
4. Will it be **BENEFICIAL** to all concerned ?

# Thank you to our Sponsors:



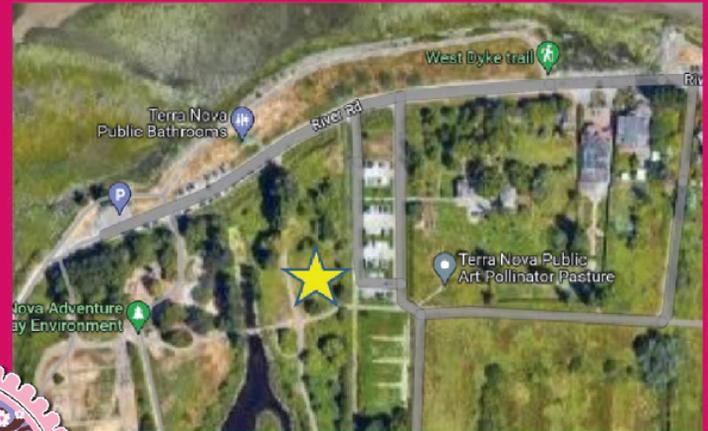
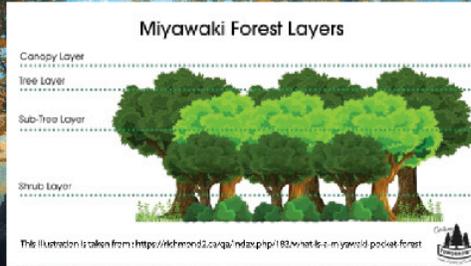
PP Matt Caparas



## Sponsors:

- Kachee Card Graphix Inc.
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- Karissa Narukami
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- Bloom Box
- T1 Mobile
- President Bert Parungao
- Pam Media Productions
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- Mabuhay House
- RaggedRei Enterprise

# Miyawaki Forest Planting Method



**Rotaract**   
Club of HOPE 604



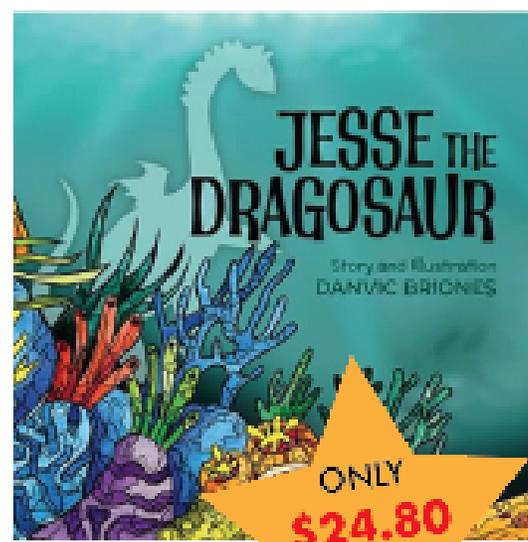
October 28, 2023 at Terra Nova Richmond  
8:30 am to 11:30 am | Saturday

Dr. Akira Miyawaki developed an efficient method for re-forestation called the Miyawaki method, which involves the use of original species to restore native, multi-stratal forests following an ecological approach. This method dramatically accelerates forest growth and results in a stable, maintenance-free, and biodiverse ecosystem after three years. There are now over 3000 Miyawaki sites globally, but none in Canada yet. Rotaract HOPE 604 is pioneering the initiative of City Park Projects by volunteering with the City of Richmond. Richmond BC's Potential Natural Vegetation (PNV) zone is called Cedar-Hemlock-Douglas Fir..



# Buy Jesse the Dragonsaur:

Proceeds goes to END POLIO and Adopt a Village in Laos



## ANATOMY OF A WATER FILTER



- Only \$24.80 (incl. GST & P&H)
- Free shipping (over \$24.80)
- Funds for water projects

Water filters are a simple, low-cost, and easy-to-use solution for providing clean, safe drinking water. They are a key component of many water projects, and they can help to reduce the risk of waterborne diseases. The anatomy of a water filter is simple, but it is important to understand how it works. The filter consists of several layers of material that trap and remove contaminants. The first layer is a coarse filter that catches large particles. The second layer is a fine filter that catches smaller particles. The third layer is a carbon filter that removes odors and tastes. The fourth layer is a UV filter that kills bacteria and viruses. The fifth layer is a final filter that catches any remaining contaminants.

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How to Sponsor a Water Filter Family



Join us in making a positive impact in our community!  
 Buy Now to support the meaningful projects of Rotaract Club of HOPE 604.

# Sponsoring Club



**Bert Parungao**  
President



**Matt Caparas**  
PP & Rotaract Chair



**Pastor Henry Chan**  
RCVM Director



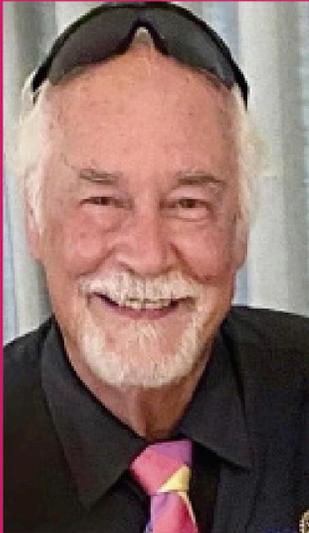
**Danvic Briones**  
Rotaract Committee



**Pam Gervacio**  
Rotaract Committee



## Special Guests



Drew Antrobus  
District Governor Elect  
Speaker



Judy Smith  
DGE's District Trainer



Nancy Eidsvik  
Executive Admin  
Rotaract Advisor



Zarina Rosimo  
Rotaract Regal  
Master of Ceremony

## **Presentation of New Members:**

Arriego, Ervin

Briones, Chiara

Briones, Rai

Celestino, Jinkee

Celestino, Katrina Shan

Celestino, Kristina

de Castro, Christine

Deus, Dublin

Gervacio, Pamela

Mirvanova, Kamila

Narukami, Karissa (honorary member)

Rios, Sterling

Roxas, Rhea

Shafiq, Amen

Solis, Jenina

Wong, Edward

**Rotaract**  
Club of HOPE 604



**NEWLY ELECTED BOARD OF DIRECTORS**

**Rotaract**



**CREATE HOPE in the WORLD**



# ROTARACT CLUB OF HOPE 604

"Helping Others & Promoting Empowerment"

**CHRISTINE DE CASTRO**  
President



**KAMILA MIRVANOVA**  
VP & Admin Chair

**KRISTINA CELESTINO**  
Secretary & Sunshine Committee



**JINKEE CELESTINO**  
Treasurer

**STERLING RIOS**  
Membership Director



**PAM GERVACIO**  
Foundation Chair and Learning Facilitator



**DUBLIN DEUS, PP**  
Event Director



**AMEN SHAFIQ**  
Social Media Manager



**ERVIN ARRIESGADO**  
Service Director

## OATH OF OFFICE:

### CLUB OFFICERS

I, \_\_\_\_\_ having been admitted as the \_\_\_\_\_ (position) of the Rotaract Club of HOPE 604 RI District 5040 for the Rotary Year 2023-224 do hereby solemnly swear upon my honor to faithfully and willingly discharge the duties and responsibilities of my office, fully conscious of the important obligations which I have voluntary committed to assume. I further pledge to uphold and defend the Constitution and By-Laws of the Rotaract Club of HOPE 604, and that of Rotary International ever putting into practice Rotary's motto, SERVICE ABOVE SELF, and applying the Four-Way Test as the basis of all my actions and actions to help advance the object of Rotary, giving emphasis to this year's RI Theme, CREATE HOPE IN THE WORLD. All these, I pledge and promise to do and observe to the best of my ability without any mental reservation or purpose of evasion.

So help me God.

**Rotaract**  
Club of HOPE 604



## **Newly Elected Officers and BOD:**

President: Christine de Castro

Vice-President & Admin Chair: Kamila Mirvanova

Secretary: & Sunshine Committee: Nimia Kristina Celestino

Treasurer: Jinkae Celestino

Past President & Event Director: Dublin Deus

Club Service Projects Chair: Ervin Arriagado

Membership Chair: Sterling Rios

Social Media & Marketing Director: Amen Shafiq

Foundation Chair & Learning Facilitator: Pamela Gervacio

**Rotaract**  
Club of HOPE 604





## *Christine de Castro*

PRESIDENT 2023-2024

Christine de Castro is a graduate of a Post-Degree program in Business Administration with a background in Information Technology. She began her career at Cambridge University Press and later became employed with multinational companies and startups as an experienced project manager and business analyst, providing expert level insights. Currently, she is a product owner at one of the Gonzalez Credit Unions and a part owner of a small catering business. In her spare time, she immerses herself in different cultures through food, wine, and travel. She surfs and practices pole vault sports. She has also been a part of an organization that helps women and children. She embraces the idea of "Always eat an apple! There is no passion to be found in seeking for a life that is less than the one you are capable of living" and "If you can be anything, be kind," for you can achieve your dreams while moving with pure intentions.





# Dublin Deuss

Past President 2020 and Event Director 2023-2024

Dublin Deuss is a talented individual with a deep rooted passion for community service and a focus on safety. He served as the President of Rotaract Club of North Bay in 2020, during the challenging times of the COVID-19 pandemic. Today, the club has been renewed and renamed to Rotaract Club of North Bay, with "100% Funding for Helping Others & Promoting Empowerment."

Dublin is a psychology major at Langara College, with a specialization for the intricacies of the human mind. He is an ORAS attendee at the Chemtrade Facility, promoting safety and well-being in a challenging industrial environment.

Dublin's commitment to his community extends further as the volunteer and field trainer at the Collingwood Policing Center. He shares his knowledge and skills to enhance public safety, aligning with his core values of safety and community welfare.

Outside of his academic and volunteer pursuits, Dublin relishes the freedom of the open road and explores new horizons on his motorcycle. His fundamental belief in the importance of helping others drives him to lend a hand whenever the opportunity arises, making him an eager and dependable ally to those in need. Overall, Dublin's talents and dedication make him a valued member of the Rotaract Club of North Bay.



ROTARY CLUB  
VANCOUVER MOUNTAIN  
DISTRICT 8040



THE FOUR-WAY  
OF THE THINGS WE THINK

1. IS IT THE TRUTH?
2. IS IT FAIR TO ALL CONCERNED?
3. WILL IT BUILD GOODWILL AND BETTER FRIENDS?
4. WILL IT BE BENEFICIAL TO THE MOST CONCERNED?





Rotaract  
Club of HOPE 604



## Kamila Mirvanova

Vice President & Admin Chair 2023-2024

Kamila Mirvanova is a recent graduate in Financial Services Management from Kwantlen. She is distinguished herself by her strong dedication to volunteering and making a meaningful impact. Since 2017, she has been involved in various volunteer initiatives, including creating online English courses for children in rural areas, tutoring maths to students from low-income families, and collecting books for public libraries and schools. As Vice President of Rotaract, she leads initiatives to create a stronger community. Kamila is dedicated to creating a better world and seeks to connect with like-minded individuals who share her vision of making a lasting difference.

In addition to her dedication to volunteer work and making a positive impact, Kamila Mirvanova is also known for her helpful nature and leadership skills. She has demonstrated her ability to take charge and organize events, such as the very first meeting where she gave a detailed presentation using PowerPoint.

She also facilitated a successful hybrid election process by introducing an online polling system, which enabled more people to participate in the election.

Through her involvement in various volunteer initiatives, Kamila has developed strong interpersonal skills and a passion for community building. Her role as Vice President of Rotaract has allowed her to lead initiatives aimed at building a stronger, more compassionate community. Kamila's commitment to creating a better world is not only inspiring but also contagious. She persistently strives to find new ways to meet the needs of those around her and is always open to connect with like-minded individuals who share her vision of making a lasting difference.

Overall, Kamila Mirvanova's dedication to volunteerism, leadership skills, and commitment to creating a better world make her an inspiring asset to any community.



# Nimia Kristina Celestino

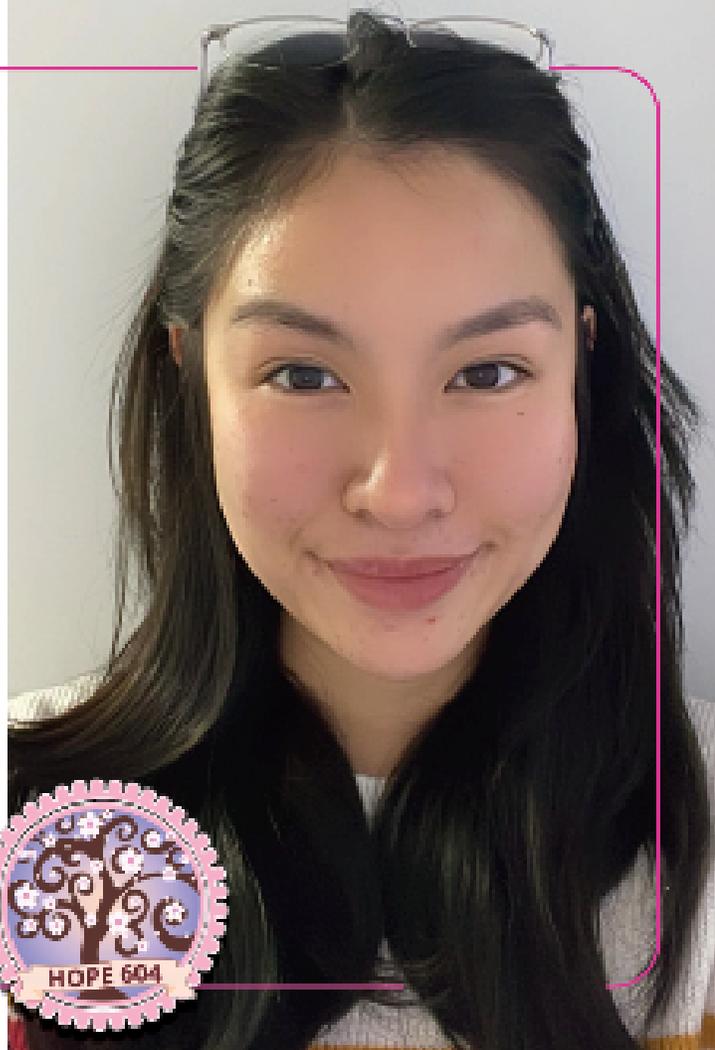
Secretary & Sunshine Committee 2023-2024

Nimia Kristina Celestino is a highly talented and driven young woman with a passion for creative thinking and entrepreneurship. As Secretary of the Rotaract Club of HOPE 604, Kristina brings her natural leadership abilities and dedication to community service to the forefront. She specializes in crafting beautiful, hand-crafted items, infused with a labor of love and perfection, and runs her own business as a young entrepreneur.

Kristina's impressive academic background includes three post-secondary program diplomas in Light Attendant, Travel and Tourism, Business Management, and Early Childhood Education. Her extensive work experience spans multiple industries, with a focus on customer service and retail. She is currently employed at one of Vancouver's premier luxury retail stores, where she brings her exceptional attention to detail to making sure every customer leaves with a smile.

In her free time, Kristina enjoys exploring the great outdoors and discovering new local coffee houses. She is also a dedicated pet parent, to her beloved bunny, Mocha. Kristina's goals and personal philosophy revolve with the quote "Workout of destiny yourself for the people of the unknown / I embrace the joy that is here, in your present moment." by Michelle D. Pasado. Kristina strongly believes that every moment is unique and should be embraced fully, encouraging others to create beautiful memories that will last a lifetime and to stop worrying about what tomorrow might bring.

The tall, Nimia Kristina Celestino is a shining example of a young woman who embodies passion, creativity, and leadership. Her commitment to community service and entrepreneurship, combined with her impressive academic and professional background, make her a valuable asset to any team or organization lucky enough to have her.





## *Jinkee Celestino*

Treasurer 2023-2024

Jinkee Celestino is the Treasurer of the Rotaract Club of HOPE 604. She holds a bachelor's degree in Science specializing in Nursing, as well as Radiologic Technology. With over 20+ years of experience, Jinkee has had the joyous opportunity to work in numerous parts of the world, including the Middle East, Southeast Asia, and the west coast of US. She has worked in different roles within the medical field but spent most of it as a practical nurse. Currently, Jinkee has been taking a break and focusing on her small local retail business catering to the healthcare sector.

In her leisure time, Jinkee enjoys shopping, travelling, and exploring different cultures through various networking events. She values genuine camaraderie among her peers, corresponding with the quote "Alone we can do so little; together we can do so much." by Helen Keller. Jinkee habitually practices integrating her beliefs into her day to day life, spreading joy among everyone around her.

Overall, Jinkee Celestino's extensive experience in the medical field combined with her entrepreneurship skills and passion for community service make her an indispensable member of the Rotaract Club of HOPE 604.





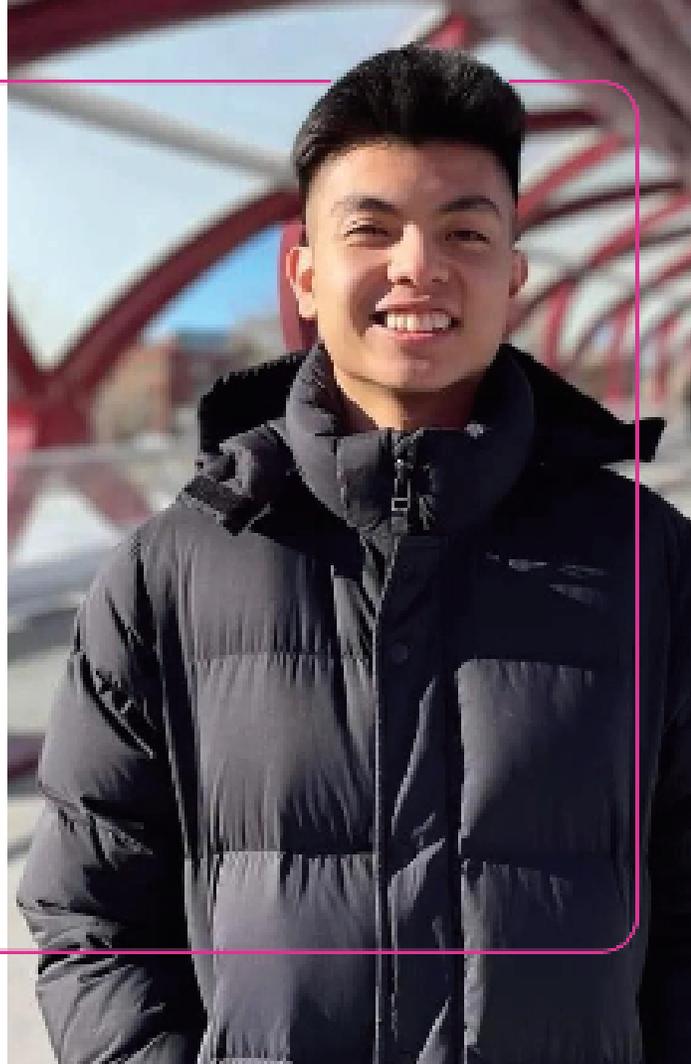
*Ervin Arriego*

Club Service Projects Chair 2023-2024

Ervin Arriego is undoubtedly a jack of all trades. Notwithstanding the fact that he finished Accounting during post secondary, he was offered a career in fire protection as a Fire Technician, right after his accounting internship. With 9 years of professional experience, Ervin has helped thousands of people protect their homes from deadly fires. Currently, he is in part-time employment with a crane company as a Machine Technician.

When Ervin is not handling fire extinguishers or cranes, he enjoys improving his physical fitness by lifting weights, hiking, and walking outdoors. Doing research about the technological and mechanical advances Ervin values the inventions of modernity.

His beliefs directly align with a quote that reflects his outlook on life: "Nobody is gonna hit as hard as life. But if it can't about how hard you hit, it's about how hard you can get hit and keep moving forward" - Sylvester Stallone. He believes that if an individual wants something, then they can achieve it; Perseverance, passion, and consistency can overcome anything.





Rotaract  
Club of HOPF 804

*Amen Shafiq*

Social Media & Marketing Director 2023-2024

Amen Shafiq is a creative and passionate individual hailing from Pakistan, with a deep appreciation for art and gaming. She is also a skilled culinary artist, and finds solace in the world of literature.

As the Social Media & Marketing Director of the Rotaract Club of HOPF 804, Amen has been instrumental in expanding the club's online presence and attracting new members. She created the club's name, HOPF 804, which reflects its mission of Helping Others and Promoting Empowerment. In addition to creating the club's name, Amen designed engaging content and eye-catching posters and social media graphics. She is also responsible for creating the club's logo, which represents its mission of serving the community.

In her free time, Amen enjoys immersing herself in the virtual worlds of gaming, occasionally sharing her gaming adventures with her followers. She also delights her family and friends with her culinary creations, experimenting with new ingredients and flavors. When seeking moments of tranquility, she turns to literature, which she believes offers a gateway to diverse realities and experiences.

Amen's creative talents, dedication to excellence, and commitment to community service make her an invaluable member of the Rotaract Club of HOPF 804.





# Sterling Rios

Membership Chair 2023-2024

Sterling Rios is the Membership Chair of the Rotaract Club of HOPE 804. Born in Edmonton and raised in Calgary, Sterling learned from an early age that leaving one's hometown can be both fulfilling and challenging. After graduating high school, he embarked on a journey to Vancouver to experience the fusion of music genres through live music, intricate textures from hand-crafted cocktails, and good times with stretched spirits.

Later, Sterling ventured to Toronto, where he has worked at high-profile events such as TIFF, Queens Place Festival, and movie premieres such as The Star is Born. This experience piqued his interest in finance, which he pursued by attending UBC for financial management and real estate.

Sterling's goal is to spread financial literacy in the community, encouraging others to plan for a better tomorrow. As his senior mentor once said, "The best time to plant a tree was 20 years ago. The second-best time is now." With his education and experience, Sterling hopes to encourage the community to take action towards a better financial future.

As the Membership Chair of the Rotaract Club of HOPE 804, Sterling brings his dedication and experience to connect with members and bring in new individuals who share the club's mission. Overall, Sterling's journey has instilled in him a desire to constantly learn and grow, and he hopes to inspire others to do the same.





## Pamela Gerocio

### Foundation Chair & Learning Facilitator 2023-2024

Pamela Gerocio is the Foundation Chair and Learning Facilitator of the Rotaract Club of HOPPEBA, holding dual membership in both the Rotary Club and the Rotaract Club of HOPPEBA. She was appointed by President Christine de Castro with a humorous leadership of being appointed with a gun pointing to her. Pamela's love for Rotaract began when she was appointed as the Rotaract Committee member of HOPPEBA. She quickly fell in love with the beautiful people of the Rotaract Club of HOPPEBA, spurring her to ask if she could become a member of both the Rotaract and Rotary Clubs.

Pamela's deep commitment to various community activities aligns with her interests and values. She is passionate about engaging with others and learning from their unique stories, which led her to volunteer at local senior centers and connect with and understand the residents' life experiences.

Pamela's enthusiasm for environmental issues and tree-planting initiatives has led her to actively participate in various projects. She is

particularly proud of her role in sponsoring the Hammond City Park and facilitating a tree-planting initiative there. The quote by Akira Miyazaki, "Even if the world ends tomorrow, I will still plant a tree," holds a great deal of significance for Pamela. She believes that small actions like planting trees can significantly impact and shape the world we live in, creating a better future for the next generation.

As the Foundation Chair and Learning Facilitator of Rotaract Club of HOPPEBA, Pamela enjoys working alongside the younger generation, helping them develop and implement community projects that benefit those in need. She is always full of ideas, and while they are generally good, sometimes, she needs to slow down the pace and anchor the team so as not to overwhelm them.

Overall, Pamela's drive to help others and make a positive impact is rooted in her belief that we should all strive to do our best, no matter how small a task or action may seem. She believes that by doing





# Karissa C. Narukami

## Honorary Member

Karissa Narukami, an immensely talented artist, was selected as the first honorary member of the Rotary Club of Hope 604. Diagnosed with moderate to severe Autism, Karissa's outstanding ability to recall details and shapes of objects through her topographic memory, allows her to meticulously recreate intricate styles and designs. Despite of her diagnosis and no formal art training, she went on to achieve outstanding art.

Karissa's very first solo art exhibit "The Edge" was displayed at the University Women's Club of Vancouver's Hycroft Gallery in September 2019. She got inspired of the overwhelming support by the Club, friends and relatives and because of that inspiration, she experimented and explored acrylic painting on canvas. In March 2022, Karissa participates in Art Vancouver @ Vancouver Convention Centre, and again in May 2023. Karissa's exceptional talent were discovered by Cory Dingle, executive director of the Norval Morrisseau Estate Ltd., who stated "Karissa's artworks are a show stopper, a masterpiece."

Karissa's collection of paintings will be included in The LUNAR CODEX, a collection of archive art, writing, music, and film in time capsules send to the Moon, via National Aeronautics and Space Administration (NASA) in a Polaris time capsule, launching November 2024.

Rotaract Club of Hope 604 are eager to support Karissa Narukami in her future art endeavors. She brings joy to the club and we are very proud of her.





# ROTARACT IN ACTION



*in action!*

**September 30, 2023 | Election Day**



**September 14, 2023 | Nomination of BGD**



Election day and Presentation of VP Kamila MirnVanova, with AG Mary Anne Velayo, President Bert Parungai, Danvic Briones, Atty. Melissa Briones and Pam Gervacio

*in action!* **September 29, 2023**



Meeting with Rotarian and former Rotaract PP Ronald Golez, Vice Mayor of Dumangas, with President Christine de Castro and VP Kamia Mirvanova of Rotaract Club of HOPE 604. Discussing the collaboration projects between Rotaract clubs.



**RONALD GOLEZ, VICE MAYOR, DUMANGAS**  
**MAITA SANTIAGO, BURNABY COUNCILOR**

The visit turned out to be a fruitful one. Following Vice Mayor Golez's talk, Councilor Santiago of Burnaby dropped in to say hello to the club's dinner meeting and shared that there were several programs that the club could apply for grants.

The future looks bright for the Rotaract Club of HOPE 604, thanks to Vice Mayor Golez's visit and the generosity of the Burnaby councillor Maita Santiago.



**FROM THE LEFT:** Marizel Amolar, Jay C. Narukami, Karissa C. Narukami, Limbay Deza Lau, Vice-Mayor Ronaldo Golez, Amen Shafiq, Councillor Maita Santiago, Sterling Rios, Christine de Castro, Kamila Mirvanova, Dublin Deus, Jinkee Celestino & Pam Gervacio

*in action!*



First Infor Session by District Rotaract Chair Ron Suzuki, RCVN Rotaract Chair Matt Caparas, RCVN President Bert Parungao, Pam Gervacio and PP Dublin Deus, with special guests, Kaustav Ghosh of Rotaract Regal and Jocelyn Vissia, PP of Rotaract Regal



From the Left: Rotract Club of HOPE 604 President Christine de Castro, VP & Admin Chair Kamila Mirvanova, Treasurer Jinkee Celestino, Foundation Chair Pamela Gervacio, PP of Rotaract Regal Jocelyn Vissia, President of Rotaract Regal Estrella Hurtado. Brainstorming at Liberte Cafe.



From the Left: Karissa Narukami, Jay Narukami, Pam Gervacio, Archana, Dennese Usison of Holiday Inn, PP & Event Director Dublin Deus and Treasurer Jinkee Celestino.

*Thank you for joining us!*



PEACEBUILDING AND  
CONFLICT PREVENTION



DISEASE PREVENTION  
AND TREATMENT



WATER, SANITATION,  
AND HYGIENE



MATERNAL AND  
CHILD HEALTH



BASIC EDUCATION  
AND LITERACY



COMMUNITY ECONOMIC  
DEVELOPMENT



ENVIRONMENT

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Join us in making a positive  
impact in our community!  
**DONATE NOW** to support the  
meaningful projects of  
Rotaract Club of HOPE 604.



**Rotaract**   
Club of HOPE 604

**[www.rotaracthope604.org](http://www.rotaracthope604.org)**